

OUR COOKIE POLICY UPDATED FOR GDPR

What are cookies?

Cookies are small text files that are placed on your computer by websites that you visit. They are widely used in order to make websites work, or work more efficiently, as well as to provide information to the owners of the site.

You may delete and block some or all cookies from this site, but parts of the site may not work as a result.

How you can manage your cookies

If you wish to restrict, block or delete cookies from our website – or any other website – you can use your browser to do this. Each browser is different so check the 'Help' menu of your particular browser to learn how to change your cookie preferences.

Please bear in mind that if you do this, certain personalised features of this website cannot be provided to you. For further reading please go to: <http://aboutcookies.org/>

How do we use cookies?

We don't use cookies to track people's Internet usage after leaving our sites and we don't store personal information in them others could read and understand. We will not sell or distribute cookie information without your prior consent.

Types of cookies we use

Strictly necessary cookies

These cookies are essential for our online services and tools to work. They collect or record information that we need to make our site work.

Common uses for this type of cookie include:

- storing information so that shopping baskets can be provided
- storing information for e-billing
- allowing users to log in or access private areas of a site

These cookies only last for a single browsing session – when you leave our site, they are removed.

Performance cookies

These cookies help us to monitor and improve how our website works.

Common uses for this type of cookie include:

- collecting information about which pages visitors go to most often
- noting if visitors get any error messages from web pages
- understanding which links visitors like to follow (including adverts) and which they choose not to.

The information collected using these cookies is anonymous and cannot be used to identify an individual visitor.

Functionality cookies

These cookies allow us to provide you with enhanced features that need to remember your preferences and choices, such as your user name, language or region. They also let us monitor how our website is performing so that we can improve it.

Common uses for this type of cookie include:

- providing you with local information, such as health providers in your area
- remembering how you like to use our site, such as what text size you like or what media software you use
- remembering what topics you're interested in so we can provide you with related products, services and information.

The information we store in these cookies is encrypted so that only we can read it.

Analytical/performance cookies

These allow us to recognise and count the number of visitors and to see how visitors move around the Website when they are using it. This helps us to improve the way the Website works, for example, by ensuring that users are finding what they are looking for easily.

We reserve the right, at our discretion, to amend this policy at any time. Please read this Cookie Policy carefully and re-visit this page from time to time to review any changes that may have been made